

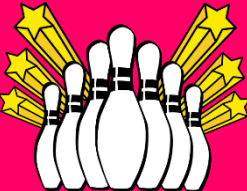



Wolverhampton Social Hub Programme March 2018

A face-to-face social network, offering opportunities to get out and about, build confidence, meet new people and make friends.

CITY OF
WOLVERHAMPTON
COUNCIL



Monday		Tuesday		Wednesday		Thursday	Friday	
Drop in 10-12:30pm Newhampton Arts Centre, Dunkley St (WV1 4AN)		Coffee Club 11 - 12pm Oasis Café, Pendeford (behind Morrisons) WV9 5NR	Prem Vadhu (Asian Women) 10.30 – 1pm Brickkilin Community Centre,	Choose to Change 10:30-12pm St Peters Church, Lich Gates, City Centre (WV1 1TY)	Saath, Asian Women's Group 10.30am – 1.00pm Brickkilin Community Centre, Cherry Street, WV3 0QW	Drop in 1-4pm Accord, 52a Bridge Street, Bilston (WV14 7PE)	Drop in 9:30-12pm Newhampton Arts Centre, Dunkley St (WV1 4AN)	Drama for Confidence 10:30-12pm Newhampton Arts Centre, Dunkley St (WV1 4AN)
Drop in 2:30 - 4:30pm Firsbrook House, Firsbrook Close, Whitmore Reans (WV6 0UD)	Create & Talk 2:30-3:30pm Firsbrook House, Firsbrook Close, Whitmore Reans (WV6 0UD)							
NEW Quiz Night every Monday 5-6:30pm Lockworks Café, The Lighthouse, Chubb Buildings, Fryer St, WV1 1HT		Coffee Club 1-2pm Bob Jones Community Centre, Blakenhall (WV2 3AS)	Asian Men's Support Group 1-2pm (Card Games) Bob Jones Community Centre, Blakenhall (WV2 3AS)	Rainbow Coffee Club (LGBT+) 2:30-3:30pm Art Gallery Café, Lichfield St, WV1 1DU		*NEW* The Great Social Hub Bake Off! Every Thursday 1-3pm Accord, 52a Bridge Street, Bilston (WV14 7PE)	Book Club 11-12pm Newhampton Arts Centre, Dunkley St (WV1 4AN)	
		Beat the Blues 1:30 - 3pm Sainsbury's Café, Wednesfield (Bentley Bridge)		Bowling Afternoon! Wednesday 7th March 2-4pm Hollywood Bowl, Bentley Bridge, WV11 1BP  £2.90 per person per game				Drop in 1-3:30pm Newhampton Arts Centre, Dunkley St (WV1 4AN)
Basement Music Group 3-5pm Rehearsal Theatre, Newhampton Arts Centre, Dunkley Street, (WV1 4AN)		Creative Writing 4-5:30pm Central Library, Snow Hill, City Centre, (WV1 3AX)				£2.90 per person per game		Coffee Club 2-3pm Newhampton Arts Centre, Dunkley St (WV1 4AN)
		Newsletter Club 5:30-7pm Central Library, Snow Hill, City Centre, (WV1 3AX)						Boardgame Club 3-4pm Newhampton Arts Centre, Dunkley St (WV1 4AN)

Useful Contact Details:

The Samaritans

If something's troubling you, then get in touch. 24hours a day, 365 days a year.
54 Newhampton Road West, Wolverhampton, WV6 0RU.

01902 426422

jo@samaritans.org

www.samaritans.org.uk

Wolverhampton Crisis Team & Home Treatment Team

The service is available 24 hours a day, 7 days a week

Penn Hospital, Penn Road, Penn, WV4 5HN

01902 444141

Phoenix Walk – in Centre

It is a nurse led service. They offer on the spot treatment and advice for minor injuries, minor illnesses and ailments. Open Monday – Friday 10am -7pm/Saturdays, Sundays and Bank Holidays 10am – 4pm

Phoenix Health Centre, Parkfields Road, WV4 6ED

01902 444677

Urgent Care Centre

The Urgent Care Centre situated on the first floor of the Urgent Care Centre at New Cross Hospital. G.P-led, 24 Hours a day. 365 days a year.

If you need medical help fast but it's not a 999

New Cross Hospital, Wolverhampton Road, WV10 0QP

111 is the NHS non-emergency number

Aquarius

Offering a free confidential service to anyone with or affected by someone else's alcohol, drugs or gambling problems.

0300 2002 322

wolverhampton@aquarius.org.uk

www.aquarius.org.uk

Recovery Near You

Help anyone who is concerned about their own drinking or drug use or someone's else's.

Lines are open 24 hours **0300 200 2400**

talktous@recoverynearyou.org.uk

www.recoverynearyou.org.uk/wolverhampton360

Bereavement

Offering support after the death of someone close

01384 262878

dudleywolves@cruse.org.uk

www.cruse.org.uk

Clinical Mental Health Support – Mental Health Duty Team

For Mental Health Act Assessment, people in crisis, self – referral

300 Dunstall Road, Whitmore Reans, WV6 0NZ

01902 553446

P3 Wolverhampton Generic Housing and Preventative Floating Support

If you need help with a range of needs including, Budgeting, debt issues, tenancy support, advocacy, housing advice etc

0800 107 6753

www.p3charity.org/wolvesFS