



A face-to-face social network offering opportunities for you to get out and about, build confidence, meet people and make friends.

LOOK OUT!

Social Hub Programme for July 2018

LOOK OUT!

Look out... with immediate effect... New Venue!

**Stafford Social Hub
The Hub Community Resource Centre
17, Eastgate Street, Stafford ST16 2LZ**

Drop In

Social Hub Office

Run by Staff & Volunteers

Details: When: Monday to Friday from 10:00am – 1:00pm.
Where: Here at The Hub! (See address above)

If you want to find out more about Stafford Social Hub and what we have on offer, pick up a social programme or membership form, or whether you just simply fancy some company, you are welcome to pop in between the times stated above and see us for a friendly chat and a cuppa. A friendly face will be here to welcome you to our office!

Fresh Start

Cup a Cha

Run by Debbie & Bob

Details: When: Every Monday from 10:00am – 11:30am.
Where: Cup a Cha, 4&5, North Walls, Stafford ST16 3AD

Welcome to the Social Hub!

What it is: We're a small introductory group helping to guide newcomers to other groups within **The Social Hub and other support networks.**

We know that meeting a group of new people can be scary and intimidating. Through Fresh Start you will meet understanding people with experiences similar to your own and with whom you can chat within a private yet social environment. The location has spaces to talk personally with someone if you wish and/or join in with the group chats when you feel ready. If you would like somebody to meet you outside before coming in then simply let us know! Just contact The Social Hub or leave a message on 07949290645 and we'll make arrangements to suit you.

Create and Talk

County Staffs Club

Run by Jay & Gillian

Details: Every Monday 12:30 – 2:30pm. Find us at: 77, Eastgate Street, Stafford
A friendly arts and crafts group here to help you improve your social confidence and encourage participation in a wide range of creative activities. A small weekly charge of £2.50 applies, or smaller still (just £1.00) if one's own materials are obtained and used!

Stafford Office: 01785 283024 **Mobile:** 07949290645

Email: info@thesocialhub.org.uk **Website:** www.thesocialhub.org.uk

Twitter: [TheSocialHub111](https://twitter.com/TheSocialHub111)

Facebook: <https://www.facebook.com/staffordsocialhub/>



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Canal Barge Day Trip *Great Haywood* **Run by Debbie & Graham**

Details: Wed 15th Aug at 11:00 Please contact Debbie or Graham
Please note: Open to members. 2 barges being arranged and a total capacity of 20 places. Tickets on a 1st come 1st serve basis: £15 with lunch, £12 without. Deposit: £5 non-refundable & then payment in full 1 week before trip.

Choose to Change: *Conservative Association* **Run by Richard & Anthony**

Details: Every Thursday 1:00 – 3.00pm. Find us at: Castle Street, Doxey, Stafford
A wellbeing group run by qualified Peer Volunteer facilitators, who have lived experience of mental health difficulties. We offer a dash of psycho-education with a whole lot of friendly social support, to keep you going onwards and upwards in life.

- *Please note: There is a small operating fee for this group of £1.00 weekly.*

Bereavement: *Social Hub Office* **Run by Debbie & Gillian**

Details: Monthly, every 1st Tuesday 10.00am – 11.00pm.

- *Please note: There is a small operating fee for this group of £1.00 per session.*

Coffee Mornings

We meet up to socialise and get to know each other in warm, friendly and comfortable venues across Stafford and surrounds. If you struggle in social situations or would just like to make new friends, then please join us - we would love to meet you!

Stafford: *Conservative Association* **Run by Debbie, Graham, Keith & Gillian**

Details: Every Tuesday 11.00am – 12.30pm

- Turning up is all that counts! However, for those of you who want more than a chat, activities are available as shown – but remember, there's no pressure to participate!

July 3rd: Origami (Paper Story) July 10th: Free for all
July 17th: Summer Bingo – seaside theme. July 24th: Quiz
July 31st: Happy Cards – followed by a meal at Wetherspoons for those who fancy a bit of grub!

- *Please note: There is a small hire fee for this venue of £1*

Rugeley: *Victory Christian Centre* **Run by Charlie & Chloe**

Details: Every Monday 10:00 – 11:30am at 11 Anson Street, Rugeley WS15 2BG
Please note. There is a small hire fee for this venue of £2.00 & drinks are 50p.

Stafford Office: 01785 283024 **Mobile: 07949290645**

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